

HEART

The News Magazine of the 'Heart of Eden' Team Ministry

St. Lawrence, Appleby; St. John, Murton-cum-Hilton;
St. James, Ormside; St. Peter, Great Asby;
St. Margaret & St. James, Long Marton;
St. Cuthbert, Dufton; St. Cuthbert, Milburn

with additional information from

Methodist Churches at The Sands, Appleby,
Great Asby & Dufton with Knock Methodist Church
The Church of Our Lady of Appleby
The Local Communities and Organisations
of Appleby and the Mid-Eden Valley

EDEN + CROSS



Milburn Church

June 2015

What's On in The Heart of Eden in June?

Food Bank Collection, every Tuesday, Sands Methodist, 10:30; Friday , St. Lawrence's Church, 11.00 – 12.00

Date	Time	Place	What??
30 th May			Fellsiders' trip to Holker Hall
1 st	~10.30am	Bolton Lounge – Health Centre	Cancer Info drop in and coffee
2 nd	9:45 – 11:30	Riverside Building, Chapel St.	Appleby Day Centre coffee morning
2 nd	11am	ECO	Time Bank coffee morning
2 nd	7pm	High Cup Winery	Ormside WI
3 rd	7:30pm	The Hollies	Asby Fellowship
3 rd	noon	Long Marton Village Hall	Lunch Club
4 th	1 – 3:30pm	Health Centre	Sound Advice (Hearing loss drop-in)
6 th	9:30 – 11:30am	Appleby Market Hall Supper Room	Coffee Morning in aid of Appleby Guides
8 th	2-4pm	S. Peter's Church, Asby	Knit and Natter
9 th	7:30pm	Asby Village Hall	Asby WI
9 th	10:30 – 12:15	Long Marton Village Hall	Coffee Morning
9 th	2 – 4	Long Marton Village Hall	Bowls Club
9 th		bus trip to Hawes	Fellsiders, see Murton
11 th	9am		Appleby Gardeners trip to Arley Hall, Cheshire
11 th	12:30pm	Eden River Café	Asby Diners
11 th	7:30pm	Long Marton Village Hall	Pottery Group
11 th	2:30pm	Long Marton Village Hall	Computer Teach-in
12 th	6:45 – 9pm	Post Office	Friday Club sponsored walk in Bolton
13 th	7:30pm	Kirkby Stephen Memorial Hall	Kabaret (see K.S. Community Choir article)
13 th	9:30 – 11:30am	Appleby Market Hall Supper Room	Coffee Morning in aid of Cliburn Church
13 th	10 – 2	Dufton Village Hall	Make, Bake & Grow Sale
14 th	5pm	Ormside Church	Fellside Concert (Eden Brass)
14 th	2 – 3pm	Moot Hall	Presentation by Cllr Rooke, see Town Council rpt.
15 th	~10.30am	Bolton Lounge – Health Centre	Cancer Info drop in and coffee
15 th	2:30pm	S. Peter's Church, Asby	Asby MU service with partner branch
15 th	until 21 st	Long Marton	Community Arts Week see article
16 th	2pm	Colby	Appleby Mothers' Union
17 th	7:30pm	The Hollies	Asby Fellowship
18 th	7:30pm	The Hollies	Asby PCC
20 th	9:30 – 11:30am	Appleby Market Hall Supper Room	Coffee Morning in aid of Inner Wheel
20 th	noon onwards	Asby Village Hall & around	Asby well dressing
21 st	6:30pm	S. Cuthbert's, Milburn	Songs of Praise for patronal festival
21 st	12:15pm	Sands Methodist Church	Bring & Share
21 st	1pm	Colby Village Hall	Village Walk with cream tea
23 rd	2 – 4	Long Marton Village Hall	Bowls Club
24 th	noon	Long Marton Village Hall	Lunch Club
26 th	6:45 – 9pm	Post Office	Friday Club trip to Low Howgill Farm
26 th	11:15am	S. Peter's Church, Asby	Asby School S. Peter's day service
26 th	7.30pm	Milburn Village Hall	Milburn Film Club – "Duck Soup"
27 th	7:30pm	TBC	Voices of Eden (see K.S. Community Choir article)
27 th		Trip to Woolfest @ Cockermouth	see Appleby Textile Group
27 th	9:30 – 11:30am	Appleby Market Hall Supper Room	Coffee Morning in aid of 2 nd Appleby Brownies
27 th	2 – 4:30pm	S. Peter's Church, Asby	Strawberry Teas in aid of church funds
27 th	7pm	Colby Village Hall	Barbecue
28 th	5pm	S. Peter's Church, Asby	Fellside Concert
30 th	7:15pm	RBL Clubhouse, Boroughgate	RBL Women's Section
In July			
2 nd	7:30pm	Long Marton Village Hall	Pottery Group
4 th	7-9pm	Long Marton Village Green	Barbecue in aid of Village Christmas Parties
5 th	6pm	Ormside Church	Compline with S. Lawrence church choir
5 th	2pm	St. Anne's Hospital almshouses	Open Afternoon, see article
11 th	7pm	Sandford Village Hall	Little Concert of Happiness (see K.S. Community Choir)
11 th		trip to Beamish museum	Fellsiders, see Murton

Freedom! Freedom! Freedom! One month ago marked the 70th anniversary of the end of the last World War. This terrible war claimed the lives of 59 million people. It would be difficult to portray the amount of fear, suffering, and misery caused by these conflicts. Only those who had firsthand experience of such hardship. I personally remember the beginning and the end of the war and the darkness felt when human value was taken to a minimum.

One of my parishioners, who was at the Katyn Forest Massacre when 16 thousand Polish Officers and Intelligence Officers were executed, told me he had pleaded with the Russian guards to kill him. The Russian guard replied "you are not worthy for such a luxury"; miraculously he survived the ordeal.

The trauma of this event troubled him for the rest of his life and was indeed a painful memory for him, so much so that even after 60 plus years he cried like a child relaying this to me. I buried him 9yrs ago at the age of 86yrs in Preston.

Freedom! Freedom! This was the message that my predecessor priest took to four concentration camps at end of the war (He himself having been in the infamous concentration camp at Dachau). For some it was too late, for they were too emaciated to recover both physically and mentally from their torture. It took thousands of doctors and nurses to recover the ones they could bring back to health.

These concentration camps, death factories, are monuments of misery and brutality and should be a reminder and a lesson for the whole World to remember what transpires from war. When we visit these places there are inscriptions on the walls "**No more War!**" we must take these lessons seriously, and change our mentality praying and working for peace, not revenge.

Presently, the World is deeply troubled with conflicts and wars, we need to take stock and remember that Our Lord brought the way to Love and Peace and His desire is for His Fathers Kingdom to come.

It is up to us. Freedom is a gift it is a privilege.

No More War!!!

Fr Alex Makulski

**Registers Mid-April 2015 to Mid-May 2015
– for the June 2015 'HoE' Newsletter**

Church Registers

Baptisms

18th April 2015
18th April 2015
19th April 2015
26th April 2015

Marie Isabelle Holdsworth
Emma Lucy Holdsworth
Oliver John Wilcox
Robin Michael Cowin

St Margaret and St James, Long Marton
St Margaret and St James Long Marton
St Lawrence, Appleby
St Michael Kirkby Thore

Weddings

2nd May 2015
9th May 2015

Stella Jones and Jonathan Egglestone
Stephanie Osborne and Richard Greenhow

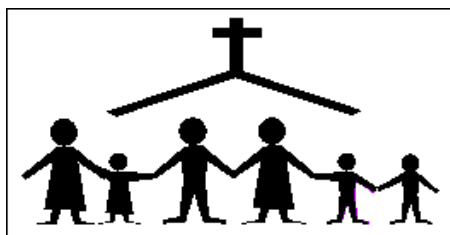
St Lawrence, Appleby
St John, Murton

Funerals

23rd April 2015
24th April 2015
27th April 2015
1st May 2015
5th May 2015
7th May 2015
11th May 2015
14th May 2015

Angela Williams
Douglas Hole
Jack Bickerstaff
John Atkinson
Victor Gates
John Tunstall
Margaret Lewis
Shaun Blair

Crematorium
St Margaret and St James Long Marton
Crematorium
Crematorium & Sands Methodist Church
St Michael, Kirkby Thore
St Lawrence, Appleby
St Lawrence, Appleby
St Lawrence, Appleby



Ministry Team

Team Rector: Revd. Sarah Lunn 017683 61269
email: sarahlunn@care4free.net
Team Vicar: Currently Vacant
Revd. Roger Collinson (Retired) 017683 52886
Revd. John Griffiths Assistant Curate 017683 52894
Mr. Lynn Miller, Licensed Reader 017683 51671

Appleby Churches Working Together

The Churches in Appleby work together to provide the following activities for children and young people.

Oasis - Every Friday in term time, after school until 5pm, at Kirkby Thore Chapel, for KS2 children (years 3 - 6)

Messy Church - Usually around Christmas and Easter (as advertised), usually at Murton, for all ages

Information for Senders of Articles & Advertisements: we go to press at noon on the 14th

Please meet the deadline or send copy beforehand if at all possible!

Electronic copy by email is preferred; email address heart-of-eden-editor@hotmail.co.uk - often we are quite busy and don't have time to reply.

Please identify the content in the email subject line and in the name of each attachment.

Written copy, please leave in letter tray marked 'Heart of Eden Editor' in St Lawrence's Church, on top of the book-shelf on your left as you go in. It will be emptied for the last time at noon on the 14th of the month. **When sending email copy, please include some identification (e.g. shoe shop, W.I.) in the subject, and not just "Heart of Eden" - everyone does that! Adverts** Please contact the Advertising Manager, Keith Morgan, The Old Brewery, Doomgate, Appleby-in-Westmorland, CA16 6RB. Phone 017683 52210. Email: cllr.keith@gmail.com. Deadline date as above. New or changed copy for already-arranged adverts should be sent to the editor as above. It would help if you could please send any payments for advertising in envelopes clearly marked 'Advertising Manager'.

New 'Small Ads' Section: we will only accept adverts suitable for a Church Magazine, and we will not accept trade adverts. Adverts will cost £5 for up to 40 words. Please write your advert (in block capitals) on a piece of paper, add your address and put it in an envelope with a £5 note. Write 'HoE Small Ad' on the outside of the envelope, and put it in the safe in St. Lawrence's. The safe is straight ahead of you as you enter St. Lawrence's. To be included in a particular edition of the newsletter, please put your advert in the safe before noon on the 12th of the preceding month.

We are very grateful for the very generous donations made by various groups and individuals towards the running costs of this Newsletter. We would welcome articles (and front cover photographs) for this magazine - relevant to the time of year, book reviews, travel articles, etc. Please send them to the editor. The bundles of copies of this Newsletter are taken round to the distributors by Jan and Alan Meakin. They can be contacted on 52407.

Seeking Newsletter Delivery Help

The Newsletter is brought to your house by one of our wonderful band of delivery volunteers – we have nearly 40 of these. As with any task, as time goes on some of these wish to hand on their task to others. If you think you could help as a deliverer, please contact our Delivery Co-ordinators, Mr & Mrs Meakin on 52407. Specifically, the deliverer of a round of 65 copies in Rivington Park is looking to hand the round on.

NEWS FROM THE CHURCHES

Next month, the **Ven George Howe** will celebrate four decades since his Ordination with 25 of those years working in Cumbria.

Now George has announced he is to retire at the end of September.

He said: "There have been plenty of joys and a few challenges along the way. The greatest joy for me is to have been able to help people in their journey with Christ.

"That has been the essence of it for me, both as a pastor in parish ministry but also in more senior roles.

"A huge priority of mine, through my ministry, has also been the work with other denominations. We have now got to a point – particularly with the Methodist and United Reformed Churches – where we're working very closely together. This has been enormously important to me."

Since 2011, George has acted as the Bishop's Chaplain and Chief of Staff as well as taking on further responsibilities as Diocesan Director of Ordinands.

He was ordained in May 1975 and completed two curacies in the Diocese of Durham, where he was also the Vicar of Hart and Elwick, near Hartlepool. From 1985 to 1991 he was the Rector of Sedgfield – which brought him into contact with the town's MP Tony Blair – and where he also served as Rural Dean.

In 1991 he moved to the Diocese of Carlisle, and was Vicar of Holy Trinity, Kendal, for nine years, six of those as Rural Dean.

In 2000 he was appointed Archdeacon of Westmorland and Furness, a position he remained in for 11 years before becoming the Bishop's Chaplain, working from Bishop's House in Keswick.

George added: "As many dioceses as there are in the Church of England, so there are as many different models for the job of Bishop's Chaplain.

"I consider my role has been to oversee the running of the Bishop's Office and to contribute as a member of the Bishop's Senior Leadership Team towards the development of the vision to grow disciples. As Chaplain, I'm there to support Bishop James' ministry at that level as best I can.

"Whenever we're both together here at Bishop's House, we begin each working day by saying Morning Prayer together. That has been a way to support each other and has been a huge privilege for me."

George will step down from the Church of England's General Synod in July after 14 years, as well as relinquishing roles on the Council for Christian Unity. He also served the national Church as Chair of the Church and Community Fund until 2013.

The Bishop of Carlisle, the Rt Rev James Newcome, said: "It has been a great pleasure and privilege to work alongside George for the last five years.

"On a personal level, he has been a constant source of support, providing wise counsel and tremendous spiritual succour. That has also seen him draw alongside countless other people across our county, to help and support them in their journeys with Christ.

"After what will have been 40 years in ministry, I know George's many friends and colleagues across the diocese and further afield will wish both him and his wife, Jane, a

wonderful retirement together."

And though he admits that he is ready for a change of pace and to be freed from daily deadlines, George says it will be a wrench to leave.

He added: "I will miss the companionship and the huge privilege of serving in such a wonderful place. I have had an opportunity to get to know Cumbria very well over the last 25 years and I appreciate just how diverse a county it is.

"It has been a fantastic honour to work amongst the people of Cumbria and to experience the diversity of population – those people whose families have been here for generations and the new-comers – that brings such a richness to this county."

Confirmation Services in 2015

Appleby Deanery is going to hold another Confirmation Service this in November at Morland. It will be during the afternoon so that everyone from parishes around the area is free to come. If you or someone you know would like to explore being confirmed, please get in touch with Rev Sarah Lunn or Rev John Griffiths (contact details elsewhere in the magazine) for a chat as we need to begin preparations.

NEWS FROM THE PARISHES

St. Lawrence, Appleby

Churchwardens: Jean Hutchison, John Tillotson (53349)
Gabriel Reid (for Murton), Secretary: Jo Ayres (52017)

Befriending in the Community.

Along with the local NHS Surgeries, we are in the process of starting up a new way of working together as NHS, Community and churches. Many of the local doctors' surgeries are short of staff and therefore short of time to spend with people in the community or even in the surgery who may be in need of a chat, or a prescription delivery, or dog walking, visiting, or help with filling in a form etc. Members of the Clergy locally are trying to help to find people in our local communities who may have a little time to volunteer to be part of this new scheme. We are not sure of all the details as yet, and we hope that the scheme will develop as we work things out. Sarah Lunn

From the Choir Stalls

What a busy May it was! Ascension Day, Pentecost and Trinity Sunday all falling within a couple of weeks!

So now we move on to June and towards the "summer". Fortunately all major festivals are now behind us until Harvest Festival in early October.

In the meantime, how about joining us for Compline at Ormside at 6pm on July 5th and at Newbiggin (by Candlelight) on September 13th at 6.30?

St Lawrence's Choir are always happy to welcome new voices. Details form Geoff Gordon (52980).

Appleby Mothers' Union

16th June, 2 pm at Colby
"Entertain Kendal Members"

St. Cuthbert, Dufton

Churchwardens: Mrs G Bryan (51414),
Mrs Sylvia Murray
Secretary: Mrs Louise Stewart

St. Peter, Asby

Churchwarden: Mrs P Bevan (53433),
Taff Greenshaw (53894)
Secretary: Mrs Denise Frisby (01539 623542)

Asby Diary - see villages

St. Margaret & St. James, Long Marton

Churchwardens: J H Atkinson, Mrs J Cannon
Secretary: Leigh Harding

St. John, Murton-cum-Hilton

Churchwardens and Secretary: as St. Lawrence

Churchwardens: Jean Hutchison,
Gabriel Reid (for Murton),
John Tillotson (53349)

Secretary: Jo Ayres (52017)

St. Cuthbert, Milburn

Churchwardens: Mrs E Godfrey (61007),
Mrs K Ridley (62106)

Secretary: Angela Hughes

The Patronal festival will be celebrated on Sunday 21st June at 6.30pm with a service of Songs of Praise. During the summer the service on the 2nd Sunday of the month will be at 6.30pm.

St. Edmund's Newbiggin

Churchwardens: Mrs M.P. Sawrey-Cookson (61574) and
Mrs. M. Marsh(51098)

St. James, Ormside

Churchwardens: Mr. A. Denton, Mr. R. Parry.
Secretary: Mrs S M Braithwaite

Fellside Concert - Eden Brass at 5pm 14th June

St. Michael, Kirkby Thore

Churchwardens: Mrs. M. Davidson, Mrs. M. Moore
Secretary: Mrs. E. Higginbottom (01768 362910)

OUR SISTER CHURCHES

Roman Catholic Church

Church of Our Lady of Appleby
Garthheads Road, Appleby
Father Aleksander Makulski (51474)

The Sands, Appleby Methodist Church

Revd. John Morton

Upper Eden Food Bank:

We now have our marked wheelie bin donation points placed at strategic intervals throughout the valley, namely Kirkby Stephen Co-Op, Appleby Grammar School and St Lawrence's Appleby.

We have made contact with the Carlisle food bank another independent and share resources to ensure nothing goes to waste, Carlisle has a very high footfall and works with the homeless and rough sleepers in the valley.

Stocks healthy and in date earliest items for next dispatch dated around August 2016. Thank you to you all for your continued support and generosity.

Bring & Share.

The Sands Methodist Church "Bring & Share Meal" Sunday 21st June (Approx 12:15pm).

Please come along - you don't have to be a member, or belong to any Church. Just come along as a family or on your own you will be made to feel welcome & part of our Church Family.

No Come 4 Lunch in June, as it falls on Appleby New Fair. We will be back on July 3rd 2015

As a result of donations given between April 2014 and March 2015, "Come 4 Lunch" Team, have been able through your generosity to give:

Appleby Friends of Guiding £150.00,
Filling Station £150.00.

Eden Community Outdoors £150.00,
Appleby Community Acting Together

(Christmas Lights) £100.00,

First Responders £100.00.

Lent Lunch in April went to Christian Aid £100.

Thank you for your donations which are much appreciated.

The "Come 4 Lunch Team

Kirkby Thore Methodist Church

The Methodist Chapel in Kirkby Thore is available for lettings. Please ring Mr Bernard Thornborrow on 015396 24272 for more information.

Dufton with Knock Methodist Church

Minister: Revd John Morton
Secretary: Avril Swinbank 53102
Steward: Dacre Swinbank 017683 53102
www.duftonchapel.org.uk

NEWS FROM THE AREA

GENERAL

HOST is looking for kind, friendly, hospitable people of all ages whose imaginations are caught by the idea of welcoming an international student at university here, far from his or her own family, to their home, for a day, a weekend or at Christmas. You don't need to live near a university, as students will travel for the privilege of meeting you, learning about real life in this country, and sharing their own culture. **HOST** is a voluntary activity which makes ambassadors for international goodwill of us all. Please see www.hostuk.org or call Kerrie Brooks 01697 324473. Thank you

EDEN TIMEBANK

We are a small, friendly group, which offers people in Penrith and the surrounding areas opportunities for volunteering in their local community through an exchange of time and services. Whatever you can offer, whatever you need, everyone's time is valued the same.

For each hour you spend sharing your time you receive one time credit into your account which can then be exchanged for a service you would like - you could donate it to someone else in need.

Would you like to find out more? We hold a coffee morning on the 1st Tuesday every month at 11am at ECO (Centre 67) in Chapel St, Appleby, CA16 6QR. We would love to have more members actively involved in exchanging Timebank hours and volunteers on our committee. Please call in on one the dates below to find out more or visit our website www.edentimebank.org.uk

Police Update.

Over the last month there have been 3 reports of anti-social use of vehicles in our area, there have been 2 reports of criminal damage in the town one to a vehicle and one to property. There has also been a report of a stolen van from Appleby. Enquiries are ongoing.

Please ensure that vehicles and property are left secure and any valuables are not left on display.

Overnight 10th - 11th April 26 pedigree Swaledale gimmer, hoggs have been stolen from a field near Brampton, Appleby. They can be identified by a small white round tag on the near ear for the owners identification purposes, a yellow electronic data tag again on the near ear, the far ear has a white replica of the tag. The animals were 'slit and stoud' (slit on near side, stoud on far). If you have any information regarding this incident please contact PCSO Janet Allinson 5169 or PCSO Karen Dakin 5206 on 101

On Friday 17th April a joint operation was held between Cumbria Police and VOSA to address the issues of anti-social driving in Penrith and Appleby as a result of this 10 drivers of vehicles were reported for offences, 2 prohibition notices were issued for noisy exhausts and one vehicle was uplifted due to having no insurances.

If you would like to be involved in farm watch and/or the next

farm watch operation please contact PCSO 5206 Dakin or PCSO 5169 Allinson via 101.

Eden Police are currently also working with Appleby NFU to pilot a sheep theft initiative that will then be cascaded across Cumbria. This is still in the early stages and we are asking farmers across the Appleby and Upper Eden area to assist in this. You don't need to be a NFU member to be involved and if you would like to be involved either contact Amanda Wallbank at Appleby NFU offices or PCSO Dakin or PCSO Allinson for more information.

This month we held a survival skill, forest school session for 9-13 year olds, working with ECO with the funding support of Appleby Rotary club. This was a productive session which was enjoyed by all who took part.



PCSO 5206 Dakin and PCSO 5133 Larmour continue to work alongside Centre 67, Inspira, Young Cumbria, Appleby Grammar school and Appleby Primary school. We are continuing to run the Olympic youth project which is also open to Kirkby Stephen young people.

If you would like any information on any of the above please contact either PCSO Dakin or PCSO Larmour.

If you are interested in getting involved with Farm Watch or would like further information on the nights of action or the trespass scheme then please Contact PCSO Dakin or PCSO Allinson on 101 or via email karen.dakin@cumbria.police.uk and janet.allinson@cumbria.police.uk PCSO Karen Dakin and PCSO Joel Larmour can be contacted by ringing Cumbria Police on 101 or emailing direct on Karen.dakin@cumbria.police.uk or joel.larmour@cumbria.police.uk

We are also available between 10:00 and 11:00 in Appleby library on the second Monday of each month.

Eden Housing are working in partnership with Opt4 and CAfS to provide a service to everyone in Eden to cut their energy costs on gas and electricity bills and get homes draught proofed.

The energy switching and advice service is FREE for everybody.

The draught proofing service has eligibility criteria which are :-

- Over 60 and on a low income or
- On a means tested benefit or
- With a long term illness or disability

Contact Adrienne Frazer on 01768 861463 to receive this service.

Appleby Town Council VE Day

To mark the 70th anniversary of Victory in Europe Day, 8th May 1945, a short service was held in front of the Moot Hall for British Legion members, councillors

and the general public. Flight-Sergeant Simon Walton carried the standard. The mayor spoke of the significance of VE Day, the Rev. Roger Collinson led prayers and the National Anthem was sung.

Mayor Making

At the Annual General Meeting of the Council on 13th May Cllr Hugh Potts was elected mayor for the next municipal year, with Cllr Alson Blair as deputy. Mrs Ann Potts will be mayoress. David Johnson continues as mace-bearer, Tom High as sword carrier and the Rev. Roger Collinson as mayor's chaplain. The civic service was held at St. Lawrence's on 17th May.

Elections

As a result of the elections on 7th May, the Council has welcomed back Cllr Gareth Hayes, as one of the eight Bongate town councillors. Appleby currently has seven and it is hoped that the vacancy will be filled over the summer. Both Eden District councillors, Keith Morgan (Appleby) and Andy Connell (Bongate) were returned unopposed.

Public Hall

New stage curtains have now been installed and before long the Hall will be fully double glazed. On occasional Sunday evenings the Hall reverts to its former role as a cinema, with 'Remote Cinema' presentations. These have proved popular, and it is hoped that they will become more frequent.

573 Bus

The Friday Shopper service to and from Appleby is supported by about £30 a week from a fund managed by the Town Council; donations have been made by local charities, parish councils and individual residents. The money is now running out, and it is hoped that generous support will again be forthcoming to keep this service on the road.

Appleby in Bloom

Because of ill-health and shortage of volunteers the garden/floral display competitions will not take place in 2015. Anyone willing to take part in reviving Appleby in Bloom for 2016 is asked to notify the Town Clerk.

New Book on Appleby Fair

Appleby Gypsy Horse Fair: Mythology, Origins, Evolution and Evaluation by former mayor Andy Connell was published in April by the Cumberland & Westmorland Antiquarian & Archaeological Society. Copies can be obtained at the TIC.

800 Years since Magna Carta

On Sunday 14th June, at 2.00pm in the Moot Hall Appleby, as part of the 800th anniversary of Magna Carta, former Town Mayors, Andy Connell and Stan Rooke, will be doing a joint presentation. Andy will explain the connection between King John and the borough of Appleby, and Stan will deliver his popular talk on the history of the Moot Hall and the Corporation. The celebration is known as "Liberteas" and is being held in cities, towns and villages across the UK. The presentation will last approximately an hour, with an opportunity for questions, after which there will be light refreshments provided for visitors.

Entry will be free of charge, but if visitors would care to leave a small donation towards the Mayor's Fund it will be gratefully received.

At 3.00pm there will be a peal of bells at St Lawrence's church as part of the acknowledgement of the anniversary.

If you would like to be there please register your name at the Tourist Information Centre no later than 7th June. Seating is limited to 40 so make sure you register in time.

Appleby Horse Fair

Plenty will be written about this, but information about the Horse Fair is available at <http://www.applebyfair.org/>

Appleby Chamber of Trade

Many town businesses rely on the summer tourist trade to carry them through the winter months and provide services to the local community. The Appleby Chamber of Trade is encouraging visitors to visit and bring business to the town through the Shops and Services Guide, the Appleby flier leaflet and website www.applebycumbria.co.uk. Please help attract visitors by highlighting the website and if you are travelling out of town take some Appleby flier leaflets, available from the Tourist Information Centre, and leave them in places visited by tourists.

Appleby Smarter

The Chamber of Trades initiative to smarten the town is making great progress thanks to help from local volunteers and the Probation Service Payback team. The town's black and white roadside bollards have recently been painted thanks to a donation to buy paint from Appleby Age Concern. Some bollards are to be replaced by a local contractor. Work is now proceeding on repainting parts of the Heritage Centre.

In 1993 a local family business marked their retirement by generously paying for splendid street signs about the town. After twenty years display the Town Council commissioned the Appleby Heritage Centre to repaint them, this has now been done and local builder Hughie Potts is refitting them.

Thanks to those who have donated towards flowers in the town centre boxes

Appleby Edibles

If you want to learn how to grow vegetables contact the group on 53350, we are an informal group based at the polytunnel at Appleby Heritage Centre. We have spare seedlings if you want to bring along a tray or we can allocate you a growing box. We not only grow vegetables and fruit trees but chat and exchange produce.

The Chamber of Trades initiative to smarten the town is making great progress thanks to help from local volunteer Karl Winter who lives in lower Boroughgate and the Probation Service Payback team. The town's black and white roadside bollards have recently been painted thanks to a donation to buy paint from Appleby Age Concern. Some bollards are to be replaced by a local contractor. Work is now proceeding on repainting parts of the Heritage Centre.

Appleby CCTV cameras

CCTV cameras being installed in town as part of the multi-agency preparations for Appleby Horse Fair. There will be six cameras in Appleby, up to three in Kirkby Stephen, and a CCTV van. The cameras will be removed after the Fair, leaving one in each town as before.

Eden Ladies' Business Network

Over the past two years the network has helped businesses grow or people become self-employed, mentored women in their careers, celebrated successes, shared problems, laughed a lot, and supported the Great North Air Ambulance Service by raising funds at an annual summer event.

Every meeting begins with members and visitors giving a 60 second introduction, and then we move onto our guest speakers, all of whom are business based, aimed at helping grow skills or introducing new ideas. Then we have plenty of time for nibbles and networking.

The next Eden Ladies Business Network meeting is Thursday 28th May, 7-9pm with the meeting to be held at the offices of Crimson Chameleon Ltd, Cross Croft Estate, Appleby. New members are very welcome. For more information please contact 017683 98173, media@edenladies.org.uk or find us on Facebook as Eden Ladies Business Network.

Eden Save Credit Union

Appleby Library every Friday from 10 to 11.30

Let us help you save or borrow

Savers start from £5

Junior Savers start from £5

Borrowers from £251 to £7500

repayments weekly or monthly

Apply in person or online www.eden.save.com

The Friday Club

Our first meeting of April was a "cake decorating" and "Feely bags" extravaganza. Cup cakes were decorated to a very high and imaginative standard, then our members were challenged to guess what was inside a number of plastic bags containing various "interesting" items!! Lots of laughs followed by eating of the decorated cup cakes.

The next meeting was the much enjoyed return of the Ceilidh evening. Everyone joined in and our dancing improved as the evening progressed, although some of us fell by the wayside along the way!

Dates for the diary

Fri 12th June Sponsored walk in Bolton
Post office 6.45 - 9pm

Fri 26th June Low Howgill Farm
Post office 6.45 - 9pm

Inner Wheel Whist and Dominoes

I regret to say that the season is now over until September. See this page for an announcement in next month's edition

Appleby day centre

Appleby day centre are having a coffee morning on Tuesday the 2nd June at the Riverside Building Chapel Street, at 9-45 until 11-30. Admission £1 to include refreshments with free refill! All welcome, come and join us. We also offer a two course meal on a Tuesday with tea or coffee for £3-50, please book beforehand by contacting Pat McHugh on 07958936694

St. Anne's Almshouses

From 2 pm on Sunday 5th July at St Anne's Almshouses in Boroughgate, the Trustees and Ladies will welcome visitors to the now established event set in historic and picturesque surroundings.

Entry is free. For younger visitors there will be a lucky dip, hoopla, treasure hunt and games, with cream teas, cake stall, tombola, raffle, quiz and a bric-a-brac stall for everyone. The Town Band will entertain and the Trustees invite everyone to wear a hat to join in the spirit of the afternoon.

Talking Messenger Association is looking for volunteer readers, both male and female, to help produce audio recordings for the blind and partially sighted. We record on three days per month and recording takes approximately two hours. We start recording at 1.00pm. If you can spare the time please contact Stan Rooke on 017683 52864 or email r.rooke@btopenworld.com. Many thanks for your help in this matter. If you require any further information please contact me, Stan Rooke, Chairman Talking Messenger Assn.

Volunteers wanted!

Age UK, the Citizens Advice Bureau (CAB) and Cumbria Law Centre working in partnership across Carlisle and Eden

Is it time you gave yourself a new challenge?

Age UK, Citizens Advice and the Cumbria Law Centre are working together to provide information and advice to people across Carlisle and Eden Districts. We need more volunteers to help us increase access to information and advice on a wide range of topics from benefits and debt to employment.

The volunteering roles within each organisation will vary depending on your interests and the time you have available to undergo training and subsequently volunteer.

To volunteer for us you will need to be open-minded, non-judgmental, able to listen and learn, and work as part of a team. We offer an appropriate training programme, continuing support, flexible volunteering roles and unbelievable job satisfaction in fulfilling an un-met need. We also cover volunteer expenses.

Volunteering can make a positive difference to others in your own local community and can also make a difference to your own life - whatever your experience and circumstances you can benefit from volunteering while also making a valued contribution.

Help us meet the rising need for support and advice in your local community, wherever you are in Carlisle or Eden Districts.

For more information on volunteering with the Citizens Advice Bureau in Carlisle and Eden visit

<http://www.citizensadvice.org.uk/index/join-us.htm>

or contact Kitty Booth-Clibborn on 01228 633909 or kitty@carlislecab.co.uk

For more information on volunteering with Age UK Carlisle and Eden see www.accarlisleeden.org.uk or contact Joan Bailey on 01768 863618 joan.bailey@ageukcarlisleandeden.org.uk

To discuss volunteering with Cumbria Law Centre in Carlisle, see www.cumbrialaw.co.uk or contact Fiona McCrum on 01228 515129 or Fionamccrum@comlaw.co.uk

Lights...Camera...Appleby!

For further information Tel: 07921 489611 or 07903 858093 or email: courtyardgallery@btconnect.com

You can follow us on our Facebook page! Just Google: Facebook Appleby Remote Cinema Scheme and click-on.

Remote Cinema is a scheme funded by the Big Lottery and offered to villages in Eden by Eden Arts. Remote in Appleby is run by volunteers, so the more people are involved, the better. More committee members of all ages are most welcome!

Appleby Town Band

Enquiries about engaging the band, or becoming a player please phone our conductor, Linda Bainbridge On 01931 715 395 for more information.

Kirkby Stephen Community Choir

Music and the Arts for Community Sustainability

It is only six months since the Kirkby Stephen Community Choir was launched and of all the things that I have done in recent times this has to be one of the best and most rewarding. The choir has settled to a group of regular attendees with a great sense of fun and musical adventure who have turned up through the coldest and darkest nights of winter. Apart from our regular rehearsals many members have been involved in a wide spread of

community concerts and events which include the Augill Castle and Brough Memorial Hall Christmas Concerts, Warcop and Sandford Churches together and the recent Brough Bash.

Working with the choir has broadened my awareness of the breadth of talent in our local community; young and old. A new wave of enthusiasm is emerging not only to promote more performances from our local artists but also to bring communities together and to breathe new life into our lovely local village halls and community establishments.

At present a group of artists and musicians from upper Eden is beginning to work together to create even more opportunities for upper Eden residents to be involved in arts and sustainable activities and would to hear the thoughts and ideas of the community. If you have any suggestions or would like to be involved in any way, please make contact.

Karen West: email karenwestmusic@yahoo.co.uk
Forthcoming Community Arts and Sustainability Events Include:

KABARET of the Unique and Unusual at Kirkby Stephen Memorial Hall: Saturday 13th June 7.30pm. Tickets £10 to include wine and nibbles.

VOICES of EDEN (A Concert of Beautiful Young Voices from our local area). Venue TBC: Saturday 27th June 7.30. Tickets £5

SANDFORD LITTLE CONCERT OF HAPPINESS at Sandford Village Hall: Saturday 11th July 7.00pm. Tickets £7.50 to include a glass of fizz!

Struggling to make yourself a meal at home?

Let us help! For many of us an occasional helping hand is all we need to be the best we can be. The Cumbria Meals Service is there for people who are struggling to manage to cook a meal and get out and about.

If you live in the Appleby area and would like to have some meals delivered to you, Cumbria Community Meals Service can help you.

Call Wendy 0844 9671885, or Email : info@ncip.org.uk

EXTEND exercise classes to music for the over-60s and the less able of any age

Held weekly in Appleby on Tuesday mornings, in the Supper Room, Market Hall 10.00 till 10.45 with coffee/tea afterwards. A mixture of gentle and lively seated exercises with one optional standing exercise Classes £1 per session, subsidised by Age Concern Appleby

Please contact Christine Sutherland on 077860 73584 for more information, or just come along. New members are welcome

Appleby-in-Westmorland Society

Appleby and the Great War - Did Any of Your Family Serve in the First World War?

If you want to find out about Appleby people who served in the Great War 1914-1918 drop into the TIC to see the new display in the Exhibition Centre. There are pictures of the memorials in the Cemetery, the Grammar School, the Methodist Church and St Lawrence churchyard and of the Roll of Honour kept in the Moot Hall. The names of the dead with pictures of their graves and a little information about each of them are held in a scarlet file. This is open at one page but please ask the staff if you want to look at it in more detail. We would be delighted if you could add to the information we have found. You can also read the story of why Appleby has two town memorials and discover the odd fact that the Cemetery memorial lists 59 names of those who died, St Lawrence memorial 52 and the Roll of Honour in the Moot Hall 34! This information has been researched by Andrew Wright, Chris Wilson and Maggie Clowes.

Appleby and District Gardeners' Society

Thursday, 11th June, to Arley Hall, Cheshire
Depart: Appleby 9am, T.S 9.15am, Penrith 9.30am
Grp Admiss.:Hse & Gdn £8 Gdn only £6
Lunch & Refreshments available

Appleby Archaeology Group

Appleby Archaeology Group Summer Activities, May to September include field work and outings. For further information go to www.applebyarchaeology.org.uk or www.facebook.com/applebyarchaeology

The autumn programme will start on Tuesday October 13th. Meetings are on held second Tuesday of the month at 7.30pm in Centre 67

Appleby Bowling Club

The outdoor season is now underway and this year we like to extend a warm welcome to all those who would like to try the wonderful game of bowls to our Open Evenings to be held every Tuesday evening throughout the season. Sessions will start at 6.30pm and usually last for about two hours followed by tea/coffee in the Club Bower. We would ask that you bring a pair of flat soled shoes to wear on the green. Contact Dave Sampson on 017693 52133 for further information.

Appleby Textile Group

If you would be interested in a trip to Woolfest at Cockermouth on Saturday, 27th June please contact Barbara Smith on 017683 51157

APPLEBY

Coffee Mornings

Appleby Public Hall, Supper Room
Saturdays - 9:30am to 11:30am

6 th	Appleby Guides
13 th	Cliburn Church
20 th	Inner Wheel
27 th	2 nd Appleby Brownies

Sound Advice - helping the hard of hearing.

Free help and advice for people with hearing loss. Your nearest drop-in venues are at:

Appleby Health Centre,
Riverside Building, Chapel Street
1st Thursday each month 1 to 3:30pm;

Kirkby Stephen,
Local Links Office, Vicarage Lane
3rd Tuesday each month 10am to noon

Penrith (ring 01768.895553
Sandgate, opposite the Co-op, nr. the bus station
every Thursday 4 to 6pm & Friday 10 to 3;
and Carlisle

The HEAR Centre Chapel Court,
40-44, Cecil Street, Carlisle, CA1 1NT. We can also visit you at your home if you can't get to us. For more information or to request a home visit contact: Hugh Stirling on 01228 562691
or visit our website at www.caritascare.org.uk

Royal British Legion Women's Section:

RBL Women's Section: The June meeting of the Women's Section of the Appleby and District Branch of the Royal British Legion will take place on Tuesday 30th June at the Clubhouse in Boroughgate, beginning at 7 15 pm. This will take the form of an outing; details TBA. All members are welcome to attend.

Cancer Information and Support in Eden

"Come for Coffee" drop-in sessions in the Bolton Lounge at the Voluntary Sector, The Riverside Building (The

Health Centre) in Appleby on the 1st and 3rd Mondays of each month for those affected by cancer (whether patients or carers of any age). In addition to coffee and a chat, a gentle enjoyable exercise class is available from 10.30 to 11.00 in the adjoining Pennine Suite. If you require any further information regarding these groups please telephone the Age UK Carlisle & Eden number 017683 54918 on a Monday morning

The Appleby & District Arthritis Research UK

If you can spare a few hours, have a great idea for a fundraising activity and would like to help us in the fight against arthritis, please contact Mrs Margaret Atkinson, Group Secretary on 017683 51047. For more information on arthritis visit www.arthritisresearchuk.org

Carlisle & North Lakeland Hospice at Home

The service covers this area. The clinical team look after many patients each year and also support their families and carers. Anyone interested in raising funds or volunteering please contact the Hospice at Home office 01768 210719. Press contact: Cath Wheeler on 01768 210 719

APPLEBY ROTARY CLUB

Celebrating our Fiftieth year serving the community (Local, Regional and International)

Bookshop.

PLEASE NOTE that we are no longer able to be open as often as in the past. The shop will continue to be manned on Saturdays from 10 am to 1 pm, but on weekdays opening will be erratic. However, the shop can sometimes be opened by appointment if you telephone me at 52282.

The same number applies if you have any books you would like to donate and would like to have collected.

Old Spectacles.

Thank you to all those who have donated old spectacles for Vision Aid, those received recently have been passed on but more will always be appreciated.

If you are interested in learning more of the aims of Rotary and what membership entails, then please contact any member of the club or see our website www.rotary-ribi.org/clubs/homepage.php?ClubID=1129 for more details.

Thank you again for your support at our fund-raising events and remember that ALL the funds we raise (after any necessary and minimal expenses) go to the charities and worthy causes we support. Unlike some charities we do not filter off a considerable portion of income for management fees, expensive London office space, professional fund-raisers and the like.

Appleby Lawn Tennis Association

Potential new members are warmly invited to come along with your racquets to Club nights on Wednesdays and Fridays from 7 p.m. Either have a go or just watch to check out the standard (quite mixed and great fun). We play at Appleby Grammar School on the outdoor courts and offer separate group coaching for adults and children, American tournaments and social events during the summer months.

Annual membership held yet again at last year's rates:

Adult £30: Junior £15: Family £50: Student £20

For further information please contact Susanne on 017683 53434

Club website <http://applebytennisclub.webs.com>
email applebytennisclub@hotmail.co.uk

Asby Diary

Wed. 3 rd	7:30pm	Asby Fellowship The Hollies John Bevan
Mon 8 th	2-4 pm	Knit and Natter St Peter's Church all welcome: squares for blankets
Tues 9 th	7.30 pm	Asby WI, Village Hall 'Collecting tins' - Brenda Austin
Thurs 11 th	12.30 pm	Diners, Eden River Cafe, Appleby open to all
Mon 15 th	2.30 pm	Service with Asby M U partner Branch, St Peter's Church
Wed 17 th	7.30 pm	Asby Fellowship, The Hollies Susan Walker & Wendy Fairey
Thurs 18 th	7.30 pm	Asby PCC, The Hollies
Sat 20 th	from noon	Asby Well-dressing and Fun Day, Village Hall and around
Fri 26 th	11.15	Asby Sch. St Peter's Day service, St Peter's Church
Sat 27 th	2-4.30 pm	Strawberry Teas, St Peter's Church in aid of Church funds
Sun 28 th	5pm	Fellside Concert St. Peter's Church Solway Wind Nonet

Colby Village Hall

Sun.21 st	1 pm	Village Walk with Cream Tea. Adults £3, children free.
Sat.27 th	7 pm	Barbecue - more information nearer the time

For information about booking the above hall & rental charges etc. please ring Pat Davies on 017683.53591

Dufton Village Hall

Make, Bake and Grow Sale On Saturday the 13th June, Dufton Village Hall will be holding a Make, Bake and Grow sale on the theme of food, doors open 10am to 2pm.

All types of home made cakes, biscuits, sweets, jams, chutneys, herbs and vegetable seedlings will be for sale. Refreshment will be available.

Donations of produce will be gratefully received from the Friday afternoon or on the morning of the sale.

Great Ormside

Women's Institute

2nd June, a visit to High Cup Winery

Meet there at 7pm

Competition: A homemade crocheted square

Long Marton

Don't forget that the village hall is available for anyone to use – contact Anne for details & rates on 017683 61158.

Wed.	3 rd	12 noon	Lunch Club (contact Ann on 61244)
Tues.	9 th	10:30 to 12:15	Coffee Morning (post van comes at 12)
Tues.	9 th	2 – 4pm	Bowls Club
Thurs.	11 th	7:30pm	Pottery Group
Tues.	23 rd	2 – 4pm	Bowls Club
Wed.	24 th	12 noon	Lunch Club (contact Ann on 61244)
Thurs.	2 nd July	7:30pm	Pottery Group

Community Arts Week

Monday JUNE 15th to Sunday 21st.

Artists working with the Long Marton school. Theme: "Rivers of Eden". In association with Eden Rivers Trust.

FREE Exhibition in the Institute starting with an Opening Night, Thurs. June 18th 7pm Open Friday June 19th 2-4pm, 7-9pm

"Smallest Sculpture Park in the World", open at 6, Railway Cottages from Thursday June 18th

Art Trail from the Institute from 11am to 4pm, Sat. June 20th and Sun. 21st. Visit the art in the gardens.

Cafe in the Institute. Fun for all the family

Computers a Mystery?

Come to the Institute on Thurs. June 11th at 2.30pm and all will be revealed!

A chance to find out what they can do in a friendly atmosphere. Have you got a digital camera and wonder how to sort out photos of the family? We can help. Did someone mention a tablet, and its not in a box, or Kindle and not mean firewood? Would you like to talk to relatives in New Zealand face to face?

Come and find out. Run by Long Marton folk

Village BBQ

Just a date for your diaries. Barbecue on Long Marton Village Green on Saturday 4th July in aid of The Village Christmas Parties (from the toddlers to the Young at Hearts) Tickets £7.00. BBQ served from 7 to 9 pm. Children £1.50 for sausage or burger in bun For tickets or general information ring Sue Harker on 61981 or Elaine Davidson on 61479 This year the raffle is for Macmillan Cancer Support, prizes would be appreciated.

Everyone Welcome

Milburn

Milburn School

Thursday mornings 9:30 to 11:30 am Friendly local Play Group open to Parents/Grandparents with Children New Born to 4 Years Old. Songs, Craft, Snack, Play and much more at Milburn School, all welcome.

Milburn Film Club

The next meeting of MFC is on Friday the 26th June 7.30pm Milburn Village Hall. The film is " Duck Soup", the Marx Brothers' greatest comedy masterpiece. The bankrupt nation state of Freedonia is given a new President, wacky Rufus T. Firefly. The bordering nation of Sylvania sends in two spies Pinky and Chicolini ahead of revolution.

Milburn Sheep Fest Report

Many thanks to all who helped raise £1780 for church funds, we were really blessed with the day. The village hall looked amazing, surrounded by sheep, crafty sheep, knitted sheep, sheep on the green, sheep in church, sheep on signs, coloured sheep, sheep with lambs.

Teas, coffees, and lunches were served by committee members and other helpers, all the food was homemade. The craft stall and cake and preserve stall were soon sold out.

The raffle for a Low Howgill lamb meat hamper was won by Mrs Furness, Appleby.

Gerda Collins spent the day spinning, and Freya Walker showed what an interesting process felting is, thanks to them both. Christine Armstrong brought along her thermal fleece display, along with 2 sheep, one green and one orange courtesy of the Wool Board.

The school was open, they sold food, and the children had baked flapjacks and cakes and sold books and raised £125 for Nepal victims.

Sheep and lambs were on show in cattle trailers-competitions included--

Guess the weight of the sheep--53kg.

Winner- Morgan Litherland, Gretna

How many teeth does a full grown sheep have--8

Winner - Dorothy and Derrick Ewin, Knock

The children enjoyed a game of identifying different breeds of sheep- organised by Judy Craig, -especially the lollipops as prizes.

June Crossword

S	T	O	P		C	A	L	L	U	P	O	N	
T		R		C		B		L		U		O	
R	E	G	U	L	A	R		O	C	T	E	T	
A		A		E		A		Y		E		E	
I	N	N	E	R			H	U	D	S	O	N	
G					I		A				L		
H	O	L	Y	C	O	M	M	U	N	I	O	N	
T		A				S		S				N	
	M	Y	S	E	L	F		S	E	E	T	O	
B		D		N		A		H		N		C	
A	B	O	U	T			I	T	E	R	A	T	E
L		W		E			T		R		C		N
M	O	N	A	R	C	H	Y		S	T	E	T	

May Simple Soduku Solution

8	2	1	6	5	3	9	4	7
6	5	9	1	7	4	3	2	8
7	3	4	8	2	9	6	1	5
5	4	3	9	1	7	2	8	6
2	6	7	5	4	8	1	3	9
9	1	8	3	6	2	5	7	4
4	7	5	2	9	1	8	6	3
1	8	6	4	3	5	7	9	2
3	9	2	7	8	6	4	5	1

Wordsearch (solution overleaf)

R	S	S	N	O	N	H	D	T	O	M	D	R	S	D
L	T	B	G	O	D	E	E	U	D	F	G	N	E	I
E	A	N	M	A	Y	T	N	E	E	I	E	C	A	H
N	O	I	T	A	R	U	G	I	F	S	N	A	R	T
D	S	M	R	M	L	D	H	B	F	H	A	L	E	H
R	H	T	I	O	E	A	E	I	R	E	M	E	K	K
D	E	W	O	R	C	E	A	N	D	R	E	W	E	N
B	E	T	R	K	E	K	L	D	A	M	S	D	Y	N
K	P	B	E	T	H	S	A	I	D	A	H	E	L	L
R	L	Y	T	P	M	R	S	N	L	N	T	G	S	L
G	S	I	H	E	E	I	U	G	C	A	E	S	N	C
I	L	T	G	G	N	I	S	O	O	L	G	N	F	B
T	T	D	U	G	A	T	E	S	C	N	N	M	O	S
Y	L	I	A	I	H	W	J	G	K	R	W	R	E	H
N	M	O	D	G	N	I	K	A	S	R	I	F	M	D

The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'... If you would like a copy of our published booklet of Uncle Eustace's letters, please email us at: enquiries@parishpump.co.uk

On what security cameras in church will tell you

From The Rectory

St. James the Least

My dear Nephew Darren

Much against my better judgement, after a recent series of small thefts, we have installed security cameras here at St. James the Least. At least the suggestion for trip wires that opened the gate to Mrs Poppleroy's garden next door, thereby setting loose her deranged Pekingese, were narrowly defeated - though I had to use my casting vote.

So now we have a complete record of everything that goes on when no one is about. It makes such interesting viewing that I have cancelled my television licence and spend every evening watching the antics of my parishioners. I wonder if there is some niche television channel which would be interested; it could help the tower restoration fund no end.

Miss Margison seems to imagine she is now part of some theatrical performance every time she cleans the church; her body language as she wields a feather duster is of operatic proportions, as is her final bow to the cameras as she leaves.

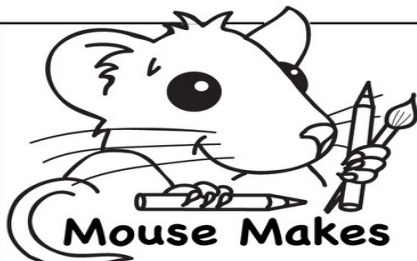
I have at last found the several hiding places where Mr Prentice secretes his bottle of whisky every week when he comes to wind the tower clock.

Colonel Wainwright, who served for some time in the security services, is now worried that pictures of him cleaning the brass will be circulated in Russia. He fails to appreciate that his disguise as a French onion seller, with striped jersey, beret and waxed moustache does tend to make his presence rather more interesting than he imagines - to us, if not to the KGB.

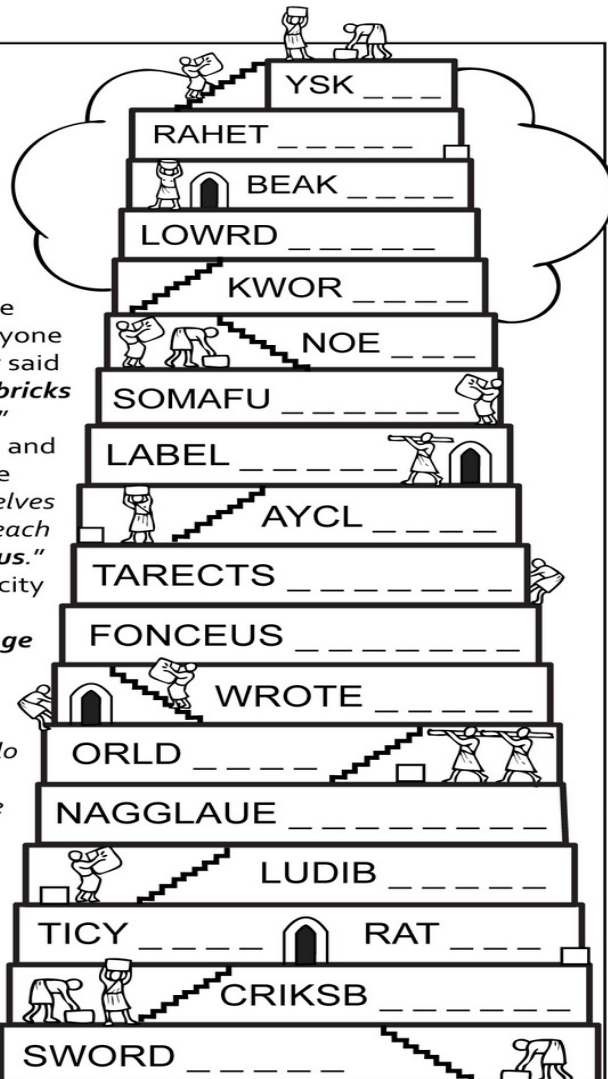
The flower arrangers seem to imagine that we are recording sound as well as pictures and so whenever they are in church together, all gossip is written down and passed round by hand as they work in total silence. So far, they have remembered to take their pieces of paper home with them. One slip and I shall probably learn more about my parishioners in five minutes than I have done in the last five years.

The cameras have also solved the mystery of who has been pilfering the items - and even the nest where they have hidden it. If only I could teach the magpies to extract money from pockets and place it on the collection plate.

Your loving uncle,
Eustace



There was a time when the whole **world** spoke **one** language. Everyone used the same **words**. Then they said to each other, "Let's make some **bricks** of **clay** and **bake** them in the fire." They used these bricks as stones and they used **tar** as mortar. Then the people said, "Let's **build** ourselves a **city** and a **tower** that will reach the **sky**, then we will be **famous**." The **Lord** came down to see the city and the tower and said, "These people all speak the same **language** and I see that they are joined together to do this **work**. This is only the beginning of what they can do, soon they will be able to do anything they want. Let's go down and **confuse** their language then they will not be able to **understand** each other." So people stopped building the city and the Lord **scattered** them all over the **earth**. That is the place where the Lord confused the language of the whole world. That is why it is called **Babel**.



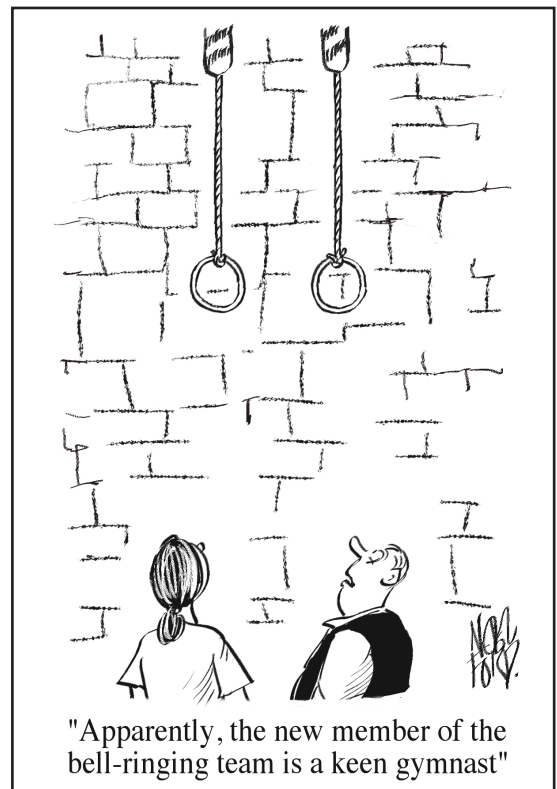
Jun15 ©deborah noble • parisshump.co.uk

The words in **bold** in the story have become jumbled up on the tower, can you unjumble them?



READ Genesis 11:1-9

R	S	N	O	N	H	D	T	O	M	D	R	S	D	
L	T	B	G	O	D	E	E	U	D	F	G	N	E	I
E	A	N	M	A	Y	T	N	E	E	I	E	C	A	H
N	O	I	T	A	R	U	G	I	F	S	N	A	R	T
D	S	M	R	M	L	D	H	B	F	H	A	L	E	H
R	H	T	I	O	E	A	E	I	R	E	M	E	K	K
D	E	W	O	R	C	E	A	N	D	R	E	W	E	N
B	E	T	R	K	E	K	L	D	A	M	S	D	Y	N
K	P	B	E	T	H	S	A	I	D	A	H	E	L	L
R	L	Y	T	P	M	R	S	N	L	N	T	G	S	L
G	S	I	H	E	E	I	U	G	C	A	E	S	N	C
I	L	T	G	G	N	I	S	O	O	L	G	N	F	B
T	T	D	U	G	A	T	E	S	C	N	N	M	O	S
Y	L	I	A	I	H	W	J	G	K	R	W	R	E	H
N	M	O	D	G	N	I	K	A	S	R	I	F	M	D



"Apparently, the new member of the bell-ringing team is a keen gymnast"



DADDY?

You know how sometimes we mishear things? A little boy that I know said that they had sung 'Away in a Manger' in the Nativity play at his preschool. He was convinced from singing this carol that Jesus had another name because he had heard it as 'little George Jesus asleep in the hay'.

In the same way a little girl said that she knew God's name because every time people said the Lord's Prayer she heard it as 'Harold be thy name'.

When Jesus gave us the prayer we call The Lord's Prayer he told us what to call God – you can read about it in Matthew's Gospel, chapter 6, verses 5-15.

The word that Jesus used for 'Our Father' was 'Abba' which is the way that children then spoke

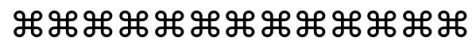


to their father, like we use the word Daddy now. Every time we say the prayer we remember that God is our loving father.

FOUR OF A KIND



Can you find a common English word of 8 letters which contains 4 Gs? Here is a clue... it's a laughing matter. Answer at the bottom of the page.



What do they call ministers in Germany?

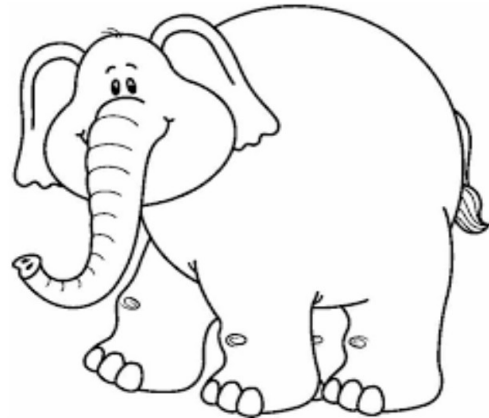
German Shepherds.

Who was the greatest comedian in the Bible?

Samson. He brought the house down.

Who was the first person in the Bible?

Chap One.

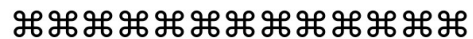


Why does an elephant use his trunk as a bookmark?

That way he always nose where he stopped reading.

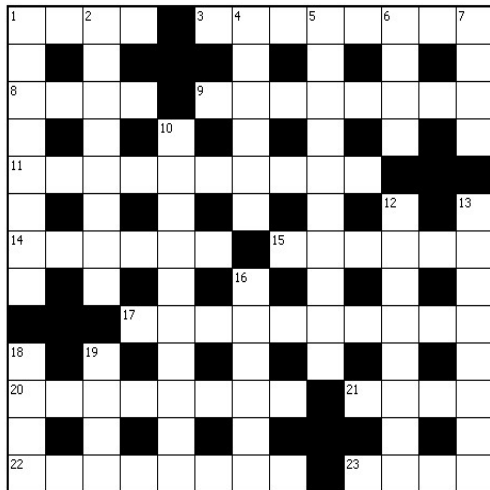
What do you call someone with an elephant on their head?

Squashed!



Answer: giggling

June Crossword



Across

- 1 See 23 Across
 3 Where the thief on the cross was told he would be, with Jesus (Luke 23:43) (8)
 8 Invalid (4)
 9 Blasphemed (Ezekiel 36:20) (8)
 11 Adhering to the letter of the law rather than its spirit (Philippians 3:6) (10)
 14 Shut (Ecclesiastes 12:4) (6)
 15 'This is how it will be with anyone who — up things for himself but is not rich towards God' (Luke 12:21) (6)
 17 Mary on Isis (anag.) (10)
 20 Agreement (Hebrews 9:15) (8)
 21 Native of, say, Bangkok (4)
 22 Deaf fort (anag.) (5-3)
 23 and 1 Across 'The Lord God took the man and put him in the Garden of — to work it and take — of it' (Genesis 2:15) (4,4)

Down

- 1 Struggle between opposing forces (Habakkuk 1:3) (8)
 2 James defined this as 'looking after orphans and widows in their distress and keeping oneself from being polluted by the world' (James 1:27) (8)
 4 'The one I kiss is the man; — him' (Matthew 26:48) (6)
 5 'Be joyful in hope, patient in — , faithful in prayer' (Romans 12:12) (10)
 6 St Columba's burial place (4)
 7 Swirling current of water (4)
 10 Loyalty (Isaiah 19:18) (10)
 12 'God was pleased through the foolishness of what was — , to save those who believe' (1 Corinthians 1:21) (8)
 13 Camp where the angel of the Lord slew 185,000 men one night (2 Kings 19:35) (8)
 16 'There is still — — — Jonathan; he is crippled in both feet' (2 Samuel 9:3) (1,3,2)
 18 David Livingstone was one (4)
 19 Driver and Vehicle Licensing Authority (1,1,1,1)



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or David Jones 01931 714338

david@newbyendfarm.co.uk

Fellside Concerts

Sundays at 5pm in the parish churches of the
Heart of Eden

2015

31 May	The Fellside Singers , Director Leigh Harding	Dufton
14 June	Eden Brass Ian Butterworth, Trumpet; Graham Kidd, Trumpet; Pam Harris, French Horn; Graham Harris, Trombone	Ormside
28 June	Solway Wind Nonet - Leader: Stephen Bagot <i>Easy-listening; including music by Gounod, Dvorak & Dubois</i>	Great Asby
12 July	Appleby Grammar School, Young Musicians <i>Brass and woodwind ensembles & solos</i>	Long Marton
26 July	The Eden Ensemble , Karen West, Sheila Morby, Chris Carter, Andy Glanville	Appleby
9 August	Organ ; flute & voice - organist, Joan Johnston	Milburn
23 August	Solway Saxophone Quartet Leader Stephen Bagot	Kirby Thore
30 August	Vocalists with piano accompaniment by Rachel Carruthers; Rachel van Heel, soprano; Megan Nelson, mezzo	Newbiggin
13 September	Organ and Oboe Leigh Harding, organ & Gabriel Reid, oboe	Murton
27 September	Camerata Cumbria <i>Cumbria's own popular chamber orchestra</i>	Temple Sowerby
4 October	The Gainsborough Ensemble Flute, oboe, violin, cello & harpsichord <i>Baroque music from the early 18th century</i>	Dufton

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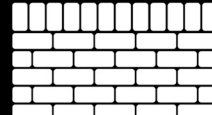
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June 2015

What's on at Centre 67



Day	Activity	Time
Monday	Taekwondo	6 p.m. – 7.30 p.m.
	Metafit	6 p.m. – 6.30 p.m.
	Will Power & Grace	6.30 p.m. – 7.30 p.m.
Tuesday	Timebank Coffee Morning (1 st Tues)	11 a.m. – 12 noon
	ABS	6.30 – 7 p.m.
Wednesday	Aerobics (*TTO)	9.30 – 10.15a.m.
	Pilates (*TTO)	10.15 – 11 a.m.
	Will Power & Grace	6 p.m. – 7 p.m.
Thursday	Pilates	6.15 – 7.15 p.m.
	Insanity	7.15 p.m. – 8 p.m.
	The Filling Station (2 nd Thurs)	7.30 p.m. – 9 p.m.
Friday	Will Power & Grace	5.45 p.m. – 6.45 p.m.
	Youth Club	7 p.m. – 9 p.m.
Saturday	Appleby Rotary Club's 2nd hand bookshop	10 a.m. – 1 p.m.
	Under 18's climbing	10 a.m. – 1 p.m.

Please note limited mid-week opening hours for the **Rotary Club's Second Hand Bookshop**.
Please call the office Monday – Thursday (*TTO) to check when it will be open.
(TTO – Term-time only activities)

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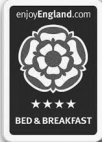
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Celebrants at CoFE Communion Services are indicated as follows

Rt Rev George Hacker {+GH} Canon Anthony Clegg {AC} Rev James Clarke {JCL} Rev Philip Rushton {PWR} Rev Sarah Lunn {SL}
 Rt Rev Peter Ramsden {PSR} Rev Roger Collinson {RC} Rev Roy McCullough {RM} Rev John Griffiths {JG}
 TBA means 'to be announced'

Appleby, St. Lawrence

Usual Weekday Services

Monday to Friday

8:00am Morning Prayer (Said)
 5:00pm Evening Prayer (Said)

Tuesday

9:30am Group for Prayer in the Heart of Eden

Friday

10:00am Holy Communion (Said) Alt CW / BCP
 (5th No Service (Horse Fair)/12th RC/19th PSR/26th TBA)

Sundays

8:00am Holy Communion (Said) Alternates BCP/CW
 (7th SL/14th RC/21st JCL/28th SL)

7th The First Sunday after Trinity

10:30am Holy Communion (RC)
 Later Baptisms

14th The Second Sunday after Trinity

10:30am Morning Prayer
 12:30pm Baptism

21st The Third Sunday after Trinity

10:30am Holy Communion (SL)

28th The Fourth Sunday after Trinity

10:30am Informal Worship
 3:00pm Ordination of John Griffiths **AT CATHEDRAL**

Dufton, St. Cuthbert

7th No Service – Horse Fair
 21st 10:30am Joint Holy Communion with Long Marton and Milburn(RM)

Great Asby, St. Peter

7th 6:30pm Holy Communion (RC)
 14th 11:00am Asby United Service at Baptists
 21st 6:30pm Evening Prayer
 28th 11:00am Patronal Service

Kirkby Thore, St. Michael

All Services in Memorial Hall

21st 10:30am Morning Prayer
 28th 10:30am Holy Communion (SL)

Long Marton, St Margaret & St. James

Each Wednesday

10:00am Holy Communion
 (3rd SL / 10th SL / 17th TBA / 24th RM)

7th No Service – Horse Fair
 14th 9:00am Holy Communion (SL)
 21st 10:30am See Dufton
 28th 9:00am Holy Communion (RM)

Milburn, St. Cuthbert

7th 10:30am Holy Communion (GH/SL)
 14th 10:30am Holy Communion (SL)
 21st 10:30am See Dufton
 6:30pm Evensong
 28th 10:30am Holy Communion (SL)

Murton-cum-Hilton, St. John

7th 9:15am Holy Communion (PR)
 14th 6:30pm Evening Prayer
 21st 6:30pm Patronal Songs of Praise
 28th 9:15am Informal Worship

Newbiggin, St. Edmund

7th 11:00am Holy Communion (PSR)
 14th 1:30pm Baptism
 3:00pm Open Air Service
 28th 6:30pm Holy Communion BCP (TBA)

Ormside, St. James

7th 6:00pm Evening Prayer
 14th 9:15am Holy Communion (PSR)
 21st 10:00am Informal Worship
 28th 9:15am Holy Communion (RC)

Temple Sowerby, St. James

14th 10:30am Holy Communion (RM)

The Methodist Church The Sands, Appleby

7th 10.30am Mr Bernard Staley
 No evening Service
 14th 10.30am Miss Anne Hunter (LA)
 6:30pm Connexion Service Kirkby Stephen
 21st 10.30am Mr Cecil Capstick
 Bring & Share Lunch
 No evening Service
 28th 10.30am Rev Bill Riley
 No evening Service

The Methodist Church Dufton with Knock

7th 10:45am LA
 14th 10:45am Gideons
 6:30pm Connexion Service Kirkby Stephen
 21st 10:45am T. Taylor
 28th 10:30am D. Thackray

The Methodist Church Great Asby

7th 6:30pm At Baptist
 14th 11:00am US at Baptist
 6:30pm Connexion Service Kirkby Stephen
 21st 6:30pm At Baptist
 28th 6:30pm W. Capstick

Colby

No service this month due to New Fair

Church of Our Lady of Appleby

MASSES:

Appleby

Saturday – Vigil Mass 6:00pm
 Sunday 11:00am
 Mon, Tues, Wed, Fri (during winter in Presbytery) 9:30am
 Holy Days 7:00pm

Kirkby Stephen (in Anglican church)

Sunday 9:00am
 Thursday 10:00am
 Holy Days 10:00am